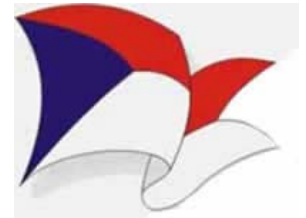


Carolina Sailing Club

2018-2019 Winter Racing

Sailing Instructions



1. Rules

- 1.1. The regattas will be governed by the rules as defined in the Racing Rules of Sailing.
- 1.2. OUTSIDE HELP: A boat may receive outside help. The race committee and competitors are encouraged to provide advice to inexperienced competitors and help for any boat in need. This changes Racing Rule 41.

2. Entries

- 2.1. Boats skippered by a Winter, Full, Sustaining, Commodore's Circle, Under 30, Under 21 or Student, or High School member in good standing may enter by registering at or before the competitors meeting on the day of the race. ("Good standing" means that dues are paid, the skipper is signed up for race committee prior to racing, and has met his or her one-day Winter RC commitment by the end of Winter racing.)
- 2.2. Guest skippers may participate by paying \$15 (cash only!) which waives the \$10 ramp fee at Crosswinds. This fee may be applied towards membership.
- 2.3. All participants, including crew, must sign the Carolina Sailing Club Release Sheet prior to participation.

3. Notices to Competitors

- 3.1. Notices to competitors will be posted in a location specified by the PRO.

4. Changes to Sailing Instructions

- 4.1. Changes to the Sailing Instructions will be posted immediately following the competitors meeting.
- 4.2. Oral changes to the Sailing Instructions may be made by the PRO on the water by raising Race Signal "L" and notifying and receiving verbal or visual acknowledgement from each boat.

5. Signals Made Ashore

- 5.1. Signals made ashore will be displayed from the gallows of Race Committee boat at dock or in the parking lot on a Race Committee boat trailer.
- 5.2. When AP is displayed ashore, the warning signal will be made not less than 30 minutes after AP is lowered. This modifies Race Signal AP.

6. Schedule

- 6.1. Race dates are given on the CSC website calendar (www.carolinasailingclub.org).
- 6.2. The schedule for the competitors meeting and warning signals for each day of racing are:

Competitors Meeting	12:00
Warning Race #1	13:00
Subsequent races	back to back

- 6.3. No races will be started later than 3:30 pm. The number of races is at the discretion of the PRO.
- 6.4. To alert boats that a race will begin soon, a series of short horn blasts may be made.

7. Racing Area

- 7.1. The racing area will be located off the launching area at Crosswinds Boating Center at Jordan Lake.

8. Course and Marks

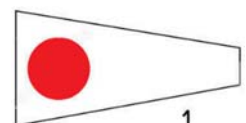
- 8.1. The course will be displayed from the race committee (RC) boat.
- 8.2. The diagram and text in Attachment A shows the course, course designation, the marks in order and the rounding direction of each mark.
- 8.3. The starting and finishing line will be between an orange flag on the signal boat and an orange ball or orange cylinder at the pin end. The finish line may be shortened.
- 8.4. The windward mark may be an orange cylinder or a yellow cylinder.
- 8.5. A change of course mark will be the alternative color to the windward mark.

9. Starting System

- 9.1. Races will be started using the 3 minute sound starting signal system in Appendix U of RRS.
- 9.2. The class flag, if necessary, will be international numeral pennant one.

10. Time Limit

- 10.1. The time limit for each race will be 45 minutes for the first boat to finish.
- 10.2. Boats failing to finish within 15 minutes after the first boat sails the course and finishes may be assigned a finish position at the discretion of the race committee. This changes RRS 35 and A4.



11. Penalty System

11.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

11.2. In accordance with the RRS, Rule 2, Basic Principle of Sportsmanship, competitors that break a rule are expected to promptly take a penalty or retire from that race. Each competitor is reminded that the Fundamental Rules of Fair Play and Sportsmanship and that they race in Club events with the permission of the race Organizing Authority, the Carolina Sailing Club.

12. Protests

12.1. Informal protest hearings will be held at the discretion of the race committee and/or competitors of the day. This changes Part 5 of the RRS.

13. Scoring

13.1. All boats shall race in a single handicap class.

13.2. Handicapping for the races will be in accordance with the Portsmouth Yardstick.

13.3. Each race will be individually scored for a given day and the sum of those races will determine the daily winner. Each race shall be scored based on the number of skippers registered for that day. Each race day stands alone, and is not scored for a CSC Winter sailing series. No score will be excluded

14. Safety

14.1. In accordance with RRS, Rule 40, all boats shall comply with all local and state safety regulations, as well as class rules.

14.2. In accordance with RRS, Rule 4, each competitor is responsible for deciding whether or not to start or continue in any race and for the safety of vessel and crew.

14.3. Personal flotation devices are required to be worn by all competitors!

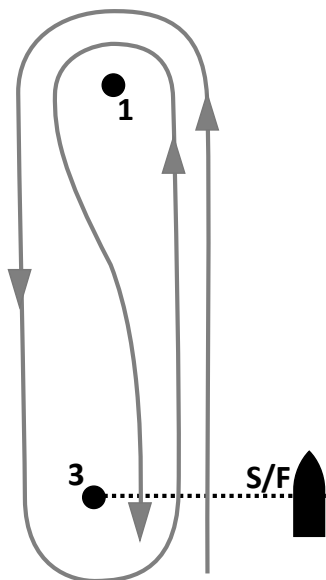
14.4. When the water temperature is at or below 50 degrees Fahrenheit competitors under the age of 18 must wear a wetsuit or dry suit.

15. Disclaimer of Liability

15.1. Competitors participate in the races at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

WD

Windward Start /
Downwind Finish



Attachment A

CSC Winter Racing Course Description

The course is a windward-leeward-windward-downwind finish course. **Start-1-3-1-Finish.**

An orange starting mark serves as the leeward mark and also as one end of the downwind finish line. An offset mark (not displayed) is optional.

The upwind mark may be **orange or yellow.**